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## Health and safety training online uk

Fire safety is a set of procedures which aim to reduce the amount of damage and injuries caused by fires. These include risk assessments to help identify and reduce areas of fire risk and formulate an emergency and evacuation plan in the event that a fire does break out. Meet Fire Safety training requirements with our online course here. What is the difference between a fire warden and a fire marshal? For most businesses, there is little difference between the roles, but at more complex workplaces, both will be needed. The fire warden is responsible for searching and clearing the premises, while the fire marshal is responsible for checking that everyone (including the warden) is at the assembly point. Learn more about the role of a Fire Marshal and Fire Warden with our online training package here. How often is PAT testing required for landlords? There is no legal requirement as a landlord to carry out PAT testing, but it is your responsibility to ensure the safety of your tenants by providing safe living conditions and PAT testing is a great way to manage electrical related risks. A PAT test is a legal requirement if you have a House in Multiple occupation (HMO) and you should carry out an inspection every five years. Learn how to carry out portable appliance testing (PAT) with our online training here. How do you safely push and pull? For pushing, you need to keep your back straight and bend your knees without twisting at your hips to push, but rather keep your core tight and use your legs and body weight to move the object. Always face the object you are pulling and take small, backward steps once you start to move. Correctly handling loads whilst lifting is crucial for your safety, learn more with our manual handling online course here. View more Health and Safety FAQs View Health and Safety Legislation Photo Courtesy: Pixabay/Bridgesward Whether you're a worker in a potentially hazardous job or the owner of a small business in an industry where accidents happen, workplace safety can be a serious concern. An accident can jeopardize not just the efforts of coworkers and expensive materials, but also the lives of yourself and everyone else around you. Safety training courses are one way to stay on top of workplace danger, but not all safety training meets industry standards or is actually useful in the field. If you're looking for trustworthy safety training that meets the requirements of your field, consider these tips for finding the best safety training to ensure that you (and your employees, if you're in charge) know how to safely operate in the workplace. Safety Training Exists for Every Industry If you're wondering where to begin when selecting a safety training course, consider searching for training that focuses on general industry requirements and standards, such as Occupational Safety and Health Administration (OSHA) regulations. While some fields may have more specialized requirements, OSHA compliance is something every worker should understand regardless of industry. What's more, there are numerous OSHA safety training providers, many of which are certified by OSHA itself, so finding one shouldn't be difficult. Photo Courtesy: Construction Photography/Avalon/Getty Images One company to consider is National Safety Training. The organization's online 10- and 30-hour courses are accredited not just by OSHA, but also the International Association for Continuing Education and Training (IACET), and they're offered in conjunction with the University of South Florida. Both versions of the course come with assistance from an authorized trainer, real-life scenarios to practice your knowledge on, audio narration and interactive exercises, access to an authorized trainer and more. You can choose to focus on construction work or how OSHA regulations are implemented in the workplace more generally. 360training is another experienced provider of OSHA training to consider. Like National Safety Training, it offers 10- and 30- hour online courses that focus on either construction site safety or a general approach to best practices and OSHA compliance in the workplace. Their courses are also accredited by the IACET. Course Presentation Matters The boring drone of a single speaker can make some online safety training courses tough to follow. Before you commit to a particular safety course, see if you can preview a video of what the course will be like. Workplace safety will never be the most riveting subject, but dynamic presentations that pair lectures with visuals and interactive questions are more likely to leave a lasting impression. Photo Courtesy: Construction Photography/Avalon/Getty Images While in-person training ensures that employees are present and lets them speak with an expert in real time, online courses have the advantages of convenience for employees and employers alike. Courses that offer a range of video, audio and written presentations also give employees options when it comes to learning, making it more likely that they'll retain their new knowledge. Factoring in Cost There are plenty of online safety training courses offered for free, although depending on your industry, you may need to spend money. Authorized OSHA courses, for instance, are never free, so if getting an OSHA Wallet Card is a necessity for your industry, it will cost you. Even when free courses are an option, however, paid courses often offer more benefits. These packages are frequently more up to date and offer a wider variety of subjects. While not all paid certificates are worth anything, they're generally more credible than free courses as well. If you choose an online course, it's also likely to include training videos and testing materials that can be used from the workplace or at home. Companies can often track training to ensure completion as well, and paid companies tend to offer customer support for employees and employers alike. MORE FROM QUESTIONSANSWERED.NET Our extensive library of courses are written by health and safety experts to provide learners with the information and knowledge they need to stay safe and healthy at work. Our courses work on your computer, tablet or phone. You can start, pause and resume them at any time. Our engaging and up to date courses are designed to deliver an extensive range of H&S topics. Easy to create your own courses or add content. If you prefer, we can do it for you. The Affordable Care Act (ACA) will begin this fall in the United States, with the health care exchange signups at the state level. So it's a good time to pause and reflect. What would an ideal American mental health system eventually look like, and could we get an idea or two from our friends? (We will not be fully serving the mental health needs of the U.S by 2014, when the law becomes operational, but we will be much closer than before.)There are definite distinctions between the two countries, something those in positions of policy and advocacy in both systems certainly refer to and highlight.Every person in the U.K. indeed has some form of health coverage. (This in itself, even before dissecting mental health services, is of course distinctive and cannot be stressed enough.) Their definition of health coverage, more to the point, has included mental health.Debbie Plotnick, who could definitely be described as a policy pro at Mental Health America, gives details that essentially clarify the U.S policies as being in the Dark Ages until 2008, when the Affordable Care Act was signed into law. Only with its passage can the U.S. system even be considered similar to the U.K."It's been very difficult..." Plotnick begins. "Until 2008, it was legal for U.S. insurance companies to completely deny services for mental health treatment. They would just not cover them." The ACA is in the process of changing that with the Mental Health Parity Act, covering mental health and substance abuse. Final regulations will go into effect by the end of the year. Plotnick is confident this component will happen. Many mental health advocates across many states are not so sure, though, and have been nervously lobbying legislators not to push for an about-face.So if all goes well, the Affordable Care Act will get most individuals in the U.S. health insurance. (The U.K. will still be ahead of the game by covering all.) Mental health in the U.S., too, would finally be a part of health coverage, as in the U.K.Plotnick expands on this by discussing the private/ public battle so prominent in the U.S. health system. She refers as "patchwork" not only the state/ federal tug of war on policy issues, but also that between private insurers and the public system."On the private side — again until very recently — mental health coverage was excluded." Only through public insurance (Medicaid) was mental health considered part of overall health. Each state has different qualifications for Medicaid, including family income. Thus, as Plotnick said, "Some kids with mental health conditions [of families with] private insurance not covering this could then be automatically picked up by Medicaid." But not so in various other states.Also not so in the U.K., where there has been and is a single-payer system and "all is uniform," according to Plotnick.Inger Hatloy, information officer of the mental health charity Mind, points out all of the above and goes one step further with this statement about U.S. vs U.K. mental health: "There is, of course, one obvious difference - services provided by the National Health Service (NHS), including mental health services, are free of charge to everyone."Would this be the ideal system serving folks Americans in need of mental health treatment? Plotnick offers more, "gladly" giving her opinion on this matter: "An ideal system would also be based on outcomes relevant to quality of life and community inclusion" — whether people "are back in school, found work, and are participating socially in a community."As well, Plotnick emphasizes that peer specialists' support, in the form of coaching and groups, would be better respected. In the U.K., coaching as a model for self- (as well as professional) development is widespread. Plotnick notes that the U.K. has "a lot more community- as opposed to facility-based treatments," as well as extremely strong "peer movements and peer services" (something that took off in the consumer movement in the U.S. around 1990 but that can still not match that of the U.K.).Both countries have family groups such as the U.S.'s National Alliance on Mental Illness (NAMI).ResourcesIf you're interested in learning more about the similarities and differences between the two countries, the following may be helpful:NAMimentalhealthamerica.netmentalhealth.org.ukmind.org.uk





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